

There *IS* such a thing as a free lunch!

Introducing the ...

BLUE LUNCH SPECIAL



Week Of December 7-11

Manchester Police Officers,

To show our appreciation for the great work you do with our students and in our community, enjoy lunch on us in any school cafeteria during the week of Dec. 7-11. (Menus are on the back!)

Thanks so much for being such great partners.

Sincerely,

The MPS Community

SCHOOLS/ LUNCH HOURS

Bowers Elementary (11:05 a.m. - 1:30 p.m.)
Buckley Elementary (11:00 a.m. - 1:10 p.m.)
Highland Park Elementary (10:50 a.m. - 1:05 p.m.)
Keeney Elementary (11:00 a.m. - 1:20 p.m.)
Martin Elementary (11:00 a.m. - 12:40 p.m.)
Robertson Elementary (11:25 a.m. - 1:20 p.m.)
Verplanck Elementary (11:00 a.m. - 12:30 p.m.)
Waddell Elementary (11:30 a.m. - 1:20 p.m.)
Washington Elementary (11:00 a.m. - 1:15 p.m.)
Bennet Academy (11:09 a.m. - 12:45 p.m.)
Illing Middle School (10:44 a.m. - 11:55 p.m.)
Manchester High School (11:15 a.m. - 12:15 p.m.)
Manchester Reg. Academy (11:49 a.m. - 12:00 p.m.)

Here's the deal

- Just ring the bell at the main entrance
- You'll be escorted to the cafeteria
- Get in line, grab a tray, get your food
- We'll pick up the tab — gratefully!

Elementary School Menu

Alternates	Monday	Tuesday	Wednesday	Thursday	Friday
Tuna Sandwich Yogurt/Bagel Plate Chef Salad Hummus Plate	7 Breakfast Boat Sweet Potato Puffs Choice of Fruit	8 Popcorn Chicken Mashed Potato with Gravy Choice of Fruit	9 Soft Bread Sticks Meat Sauce Spinach Salad Choice of Fruit	10 Soft Shell Taco Lettuce & Tomato Salsa & Sour Cream Shredded Cheese Refried Beans Choice of Fruit	11 Beefburger, Cheeseburger or Veggie Burger on a Whole Wheat Roll Lettuce & Tomato Green Beans Choice of Fruit

Illing Middle School Menu

Alternates	Monday	Tuesday	Wednesday	Thursday	Friday
Deli Sandwiches Yogurt/Bagel Plate Chef Salad Hummus Plate Lasagna	7 Chicken Patty on a Whole Wheat Roll Steamed Carrots Choice of Fruit	8 Soft Bread Sticks Meat Sauce Spinach Salad Choice of Fruit	9 Cheese Quesadilla Refried Beans Choice of Fruit	10 Baked Chicken Mashed Potato & Gravy Steamed Green Beans Choice of Fruit	11 Cheese Calzone Marinara Sauce Sautéed Yellow and Green Squash Choice of Fruit

MHS Menu

Monday	Tuesday	Wednesday	Thursday	Friday
7 Pizza Wedge Crispy Carrots & Low Fat Dip Steamed Carrots Choice of Fruit	8 Teriyaki Chicken Brown Rice Cauliflower with Cheese Sauce Choice of Fruit	9 Soft Shell Taco Rice Lettuce & Tomato Salsa & Sour Cream Shredded Cheese Refried Beans Choice of Fruit	10 Popcorn Chicken Mashed Potato & Gravy Whole Wheat Dinner Roll Corn Choice of Fruit	11 Soft Bread Sticks Meat Sauce Caesar Salad Shredded Cheese Steamed Spinach Choice of Fruit

MRA Menu

Monday	Tuesday	Wednesday	Thursday	Friday
7 Salisbury Steak served with potato and vegetable	8 Chicken Enchilada served with a vegetable and rice pilaf	9 ½ Day – C Jambalaya served with a side of vegetable	10 Seasoned Roasted Chicken or Curried Chicken served with a vegetable and potato	11 Taco served with rice pilaf, vegetable and tortilla chips